

Name of organization: Senior Services Letter or Card Writing

Event date and time: Ongoing

**Address for Drop-Off:** Mail your letters/cards to Senior Services at 2895 Shorefair Drive, Winston-Salem, NC 27105 or hand deliver them Monday, Wednesday, or Friday between 10:00 am and 3:00 pm. Please put to the attention of Holly Beck.

Are there any age restrictions on volunteers? No

## Brief description of opportunity:

Share a little joy with an older adult who needs it! COVID-19 has meant distancing from the seniors we serve. They miss the daily visits, interaction, and smiles with volunteers and staff. Please send uplifting notes, messages, cards and pictures to help brighten their days! Please follow the letter writing guidelines listed below. Don't forget to track your time spent for Community Service credit!

- 1. You can start by saying why you are writing this note.
- 2. Please consider a handwritten letter. They tend to feel more personal.
- 3. Write in large font so it can easily be read and seen.
- 4. Please avoid religious references because we do not know who might receive your letter and what their belief system may be.
- 5. Leave off the date. This will make the letter timeless.
- 6. Try to make it creative and personal by sharing an inspirational quote, adding a doodle or drawing, picture, or something about yourself. Please use your first name so the receiver can identify with you. Only your first name, though.
- 7. Send positive thoughts, but avoid mentioning your personal views.
- 8. Envelopes if you have one and want to add a design or writing on the outside, please do. These will be more than likely hand-delivered.
- 9. Please DO NOT seal the envelope. We do review all the notes before they are sent out.

Name and Email address of person to be contacted by students for additional information or to volunteer:

Holly Beck

hbeck@seniorservicesinc.org