



Name of organization: Miles for Migraine (a national 501 C-3 non-profit organization)

Event name: *(if we are publicizing a specific event such as a school carnival etc.)*

Miles for Migraine 5K and 10K

Event date and time: Saturday, October 19 9:00 AM

Address of event: Salem Lake Park

Hours volunteers are needed: *(for longer events – you may break the time into shifts)*

7:30 AM – 10:30 AM

Are there any age restrictions on volunteers? *(only high school? Age 14 and up? etc.)*

No Age Restrictions

Brief description of what the volunteers will be expected to do:

Staffing water stations. We have two (2) stations on the trail. Volunteers will be transported to those locations by the Salem Lake Staff. Volunteers will be shown how to set up stations and where to stand during the event.

Name and Email address of person to be contacted by students for additional information or to volunteer:

Butch Robertson

919-889-3438 (text)

Butch.robertson@earthlink.net

Any additional information you feel like should be included in the posting: *(website, flyer, etc.)*